

The Substance Abuse Rehabilitation Assistance (S.A.R.A.) program is a joint initiative of the Quality Control Council of Canada and the Nondestructive Testing Management Association, administered by The McAteer Group, on behalf of the NDT Industry Health Benefit Plan Trustees.

**For more information, please contact the
Plan Administration Office**

1-800-263-3564 | 905-946-9700
health@ndtbenefits.org

45 McIntosh Drive
Markham, ON L3R 8C7



**FREEDOM
FROM ADDICTION**

S.A.R.A. | Substance Abuse Rehabilitation Assistance
NDT Industry Health Benefit Plan



Substance Abuse Rehabilitation Assistance

The Substance Abuse Rehabilitation Assistance (S.A.R.A.) program is separate from the Employee and Family Assistance (E.F.A.P.) plan.

S.A.R.A. provides Members and their families with a place to turn when they need help if they or one of their eligible family members is suffering from addiction.

S.A.R.A. can be accessed on a voluntary basis. It is also the next step when a Member has a non-negative drug or alcohol test result in the workplace.

S.A.R.A. provides clinical assessment and treatment recommendations, which may include counseling, day programs, treatment centre referral, as well as return to work clearance.



What's the first step?

Contact the Plan Administration Office at 1-800-263-3564

- Members can voluntarily seek help in confidence for themselves or a dependent.
- A Member can seek help from their Shop Steward or Union Representative.
 - The Union Rep should contact the Plan Administration Office and provide the Member's name and contact information.
- Employers can seek help on behalf of an employee or upon receipt of a non-negative workplace drug or alcohol test result.
 - The employer should contact the Plan Administration Office and provide the Member's name and contact information.

The Plan Administration Office will determine eligibility as well as the support available. The lifetime maximum is \$15,000 per family, inclusive of all costs and will not include the cost of any applicable travel.

Part of the eligibility requirements is that the Member must be in good standing with their Union for the duration of the process, and a Loan & Replacement Agreement must be completed and signed by the Member.

What's next?

Once the Plan Administration Office has established eligibility, referral forms are completed, and the Member is provided with an overview of the process and is sent consent forms for signature. The forms are sent to Shepell, and the assessment process begins.

Shepell will contact the Member and will schedule their first appointment within 3-5 business days. The complete clinical assessment may take 1-2 closely scheduled appointments.

Upon completion of the clinical assessment, treatment options are reviewed and may include a recommendation for residential treatment, day program treatment or bridge counseling while waiting for treatment.

Once treatment and funding have been approved by the Plan, Shepell will coordinate treatment directly with the Member. Upon completion of treatment, Shepell will schedule a follow-up appointment with the Member. A post-treatment report will be provided to the Plan Administration Office within 3 business days of the follow-up appointment and will include the outcome of treatment recommendations.



For workplace referrals

The post-treatment report from Shepell will include the Member's readiness for return to work and provide recommendations, including any future post-treatment support.*

The Plan Administration Office will provide the employer and union representative with the status of the Member's return to work clearance.

*S.A.R.A. does not provide funding for post-treatment screening

For voluntary referrals

No information is shared unless specifically directed by the Member.

For more information

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